



## ACT Test Day Tips

- **Day Before Test**
  - Do something to relax. Don't think about the test.
  - Get a full night's sleep. Go to bed a little early to give yourself plenty of time in the morning.
  - Gather everything you'll need to bring to the test the night before.
    - Photo ID
    - Admission ticket
    - Calculator
    - Sharpened pencils (no mechanical pencils)
    - Watch (that doesn't beep)
- **Morning of Test**
  - Eat breakfast (whatever you usually eat).
  - During breakfast, read the ACT tips if you want to brush up on them.
  - Do a few practice questions from an ACT you've already taken to "warm up."
    - Focus on English and Math (since those are the first sections).
  - Give yourself plenty of time to get to the testing location.
  - Go to the bathroom before the start of the test.
- **During the Test**
  - Focus on one section at a time—after you finish a section, put it out of your mind.
  - Check your bubbling.